**Choosing Your Confirmation Name**

Name (first and last) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Reflection Questions

1. My parents gave me my first and middle name because…\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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1. Someone in the Bible I admire is…\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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1. A Saint’s name I might consider is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ because… \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**The Confirmation Name I choose is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Research the saint whose name you chose and answer the following questions:

When and where did your saint live?

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Did they encounter any difficulties or struggles?

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How did this saint follow Jesus in the way he or she lived?

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What qualities and virtues do you see in your saint?

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\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

When was this saint canonized or beautified by the Catholic Church?

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Your name gives you identity, it tells others who you are. When you were baptized, your parents chose your name. If you do now know your parents’ reasons for choosing your name, ask them about it. Now that you are preparing for Confirmation, it is time to choose the name you will take as a sign of your growth in faith. When choosing the name to be used at Confirmation, the Archdiocese of Detroit asks you to look at the following guidelines:

***You may choose your Baptismal name***

 Christians have always chosen a name for themselves at Baptism. The use of the Baptismal name in Confirmation better expresses the relationship between Baptism and Confirmation. It would be appropriate for you to reaffirm your Baptismal commitment by again choosing your Baptismal name for your Confirmation name.

***You may choose a new name***

 The tradition of taking on a new name to show a new role can be traced back to the Bible. When Abram was called to lead his people to believe in the one God, his name was changed from Abram, meaning “father of many”, to Abraham, meaning “father of many nations.” In the New Testament, we find Simon’s name changed to Peter, meaning “rock”, because he was to become the rock upon which Jesus founded his Church.

 You can also choose to take a saint’s name from our over 2000-year history of recognizing those who have uniquely close relationships in faith to our God. If choosing a saint’s name, consider a saint who is a patron saint of a particular talent or interest. For instance, St. Sebastian is the patron saint of athletes, and St. Cecilia is the patron saint of musicians. Do a little research by searching the internet for “patron saints” and see what you can find out.

 Whatever you choose, your Confirmation name should reflect your new role as a fully initiated Christian. The only limit that is placed on your choice is that it must be a saint’s name (or a variation of that name).